

## Free school meals for all children in reception, year 1 & 2

All children in reception and years 1 and 2 are entitled to free meals as part of the Government's new Universal Infant Free School Meal. This is worth up to £418 per year per child - please talk to your child's school for more details.

## Can I claim free school meals for my older children? Yes...

If you receive specific benefits or have a household income below the Government threshold, register your entitlement on the Government website.

A full list of free school meal entitlement can be found at:

[www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)

## Special diets and allergies

Any pupil who has a special dietary requirement, a medically diagnosed food intolerance or allergy, please contact your school admin office immediately.

It is our policy to provide a catering service for all pupils with medically-diagnosed food allergies, food intolerances or a medical condition which affects their eating.



## Special Theme Days

Look out for our special menus throughout the year, multi-cultural celebrations, national days and events, and menus to link in with the curriculum.



## Food miles...

We are actively reducing our carbon footprint and we are proud to be using local suppliers to cut down on our food miles.

We always consider where the food we put on the plates comes from and how it was produced.

# Feeding Our Futures

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## Spring and Summer Menus



ROBERTSON

**Tameside**  
Metropolitan Borough

Tameside school lunches

We are committed to educating, promoting and encouraging the benefits of a healthy, nutritious balanced diet now and the future.

The UK School Foods Standards covers all food served within the school day. All our meals are freshly prepared on site daily by our dedicated catering team.

# Spring and Summer Menus



**Monday**  
 Pepperoni or Margherita pizza (v)  
 Meatballs in tomato sauce  
 Sandwich selection  
 Jacket potato with choice of filling  
 Rice pudding and peaches  
 Fresh fruit, yoghurt, cheese and biscuits  
 Pasta or ½ baked jacket, peas or sweetcorn

**Tuesday**  
 Homemade meat pie  
 Quorn sausage in a bun (v)  
 Sandwich selection  
 Jacket potato with choice of filling  
 Chocolate and beetroot muffin  
 Fresh fruit, yoghurt  
 Creamed potatoes, carrots or green beans

**Wednesday**  
 Roast turkey with stuffing and gravy  
 Quorn roast with stuffing and gravy (v)  
 Sandwich selection  
 Jacket potato with choice of filling  
 Banana cake and custard  
 Fresh fruit, yoghurt  
 Roast potatoes, broccoli or carrots

**Thursday**  
 Southern style baked chicken fillet  
 Cheese whirl (v)  
 Sandwich selection  
 Jacket potato with choice of filling  
 Jelly and fruit  
 Fresh fruit, yoghurt, cheese and biscuits  
 Baked new potatoes, baked beans or sweetcorn

**Friday**  
 Breaded fish\*  
 Quorn Bolognese bake (v)  
 Sandwich selection  
 Jacket potato with choice of filling  
 Ice cream with orange wedge  
 Fresh fruit, yoghurt  
 Chips, mushy peas, baked beans



**Monday**  
 Oven baked sausages with gravy  
 Herby pasta bake (v)  
 Egg sandwich  
 Jacket potato with choice of filling  
 Fruit mousse with apple wedge  
 Fresh fruit, yoghurt  
 Creamed potatoes, baked beans or mixed vegetables

**Tuesday**  
 Chicken tikka with naan bread  
 Macaroni cheese (v)  
 Sandwich selection  
 Jacket potato with choice of filling  
 Fruity flapjack  
 Fresh fruit, cheese and biscuits, yoghurt  
 Savoury rice, sweetcorn, green beans

**Wednesday**  
 Roast Beef with gravy  
 Vegetarian sausage roll (v)  
 Sandwich selection  
 Jacket potato with choice of filling  
 Dorset apple cake and custard  
 Fresh fruit, yoghurt  
 Roast potatoes or parsley potatoes, carrots or cauliflower

**Thursday**  
 Homemade beef lasagne with homemade bread  
 Mild Quorn curry with rice (v)  
 Sandwich selection  
 Jacket potato with choice of filling  
 Chocolate ice cream  
 Fresh fruit, cheese and biscuits, yoghurt  
 ½ jacket potato, mixed vegetables

**Friday**  
 Fish fingers  
 Savoury Quorn mince (v)  
 Sandwich selection  
 Jacket potato with choice of filling  
 Lemon and sultana sponge with custard  
 Fresh fruit, yoghurt  
 Chips, mushy peas, beans



**Monday**  
 Omelette, vegetarian sausage and baked beans (v)  
 Quorn pizza wrap (v)  
 Sandwich selection  
 Jacket potato with choice of filling  
 Arctic roll  
 Fresh fruit, yoghurt  
 Creamed potato or ½ jacket potato, baked beans, sweetcorn

**Tuesday**  
 Spaghetti Bolognese  
 Cheese whirl (v)  
 Sandwich selection  
 Jacket potato with choice of filling  
 Rice pudding and mixed fruit  
 Fresh fruit, cheese and biscuits, yoghurt  
 Creamed potato, carrots or broccoli

**Wednesday**  
 Roast chicken fillet with gravy  
 Vegetarian meat balls with tomato sauce (v)  
 Sandwich selection  
 Jacket potato with choice of filling  
 Cornflake tart and custard  
 Fresh fruit, yoghurt  
 New potatoes, pasta, sweetcorn or cabbage

**Thursday**  
 Beef burger in a bun  
 Quorn Korma with naan bread (v)  
 Sandwich selection  
 Jacket potato with choice of filling  
 Fruit flapjack  
 Fresh fruit, yoghurt  
 Half jacket potato, braised rice, sweetcorn or carrots

**Friday**  
 Salmon Nuggets  
 Mixed bean chilli (v)  
 Sandwich selection  
 Jacket potato with choice of filling  
 Mandarin oranges and ice cream  
 Fresh fruit, cheese and biscuits, yoghurt  
 Chips, rice, peas, baked beans

Available daily - Assorted yoghurts, chopped fresh fruit, fresh wholemeal bread, salad pots and lots of fresh water. Allergy advice - All our food is prepared in a kitchen where traces of nuts, gluten and other ingredients are present and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergen information is available from your school. (V) Suitable for vegetarian or vegetarian option available. Our fish and chicken dishes may contain bones. All items on the menu are subject to availability and may be changed without prior notice to a suitable alternative.



\*Any fish we serve will vary depending on availability. We only select fish from sustainable sources.