



RELATIONSHIPS AND SEX EDUCATION POLICY

Date of Policy/Reviews	Author(s)	Approved by Gov. Body	Signed	Date for Review
May 2011	Maxine Barker	-	-	Under Review Nov 2018
January 2019	Alison Wise			Jan 22

RELATIONSHIPS AND SEX EDUCATION POLICY

Rosehill's children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. For this reason, our RSE policies and the RSE curriculum must reflect the ever-changing nature of society and technology.

In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way. This directly links to relationships education and the need for young people to have the skills and knowledge to keep themselves safe.

At Rosehill Methodist Primary Academy, we value the importance of relationship and sex education to help and support young people through their physical, moral, spiritual, cultural and emotional development. The Relationships and Sex Education programme will reflect the school ethos and our core Christian values. We recognise the partnership of home and school and of parent and teacher in this important area of personal development and welcome engagement from parents.

Sex education is a continuing, developmental process, which includes the exploration of attitudes and values and the development of skills, as well as the presentation of factual knowledge. As with all other learning, it should be gradual and matched to the child's maturity and stage of development.

Our RSE curriculum has been designed to comply with the draft statutory Relationships Education Guidance from the government (released February 2019) which will become statutory in 2020.

This policy is based upon and should be read in conjunction with:

- Relationships Education, Relationships and Sex Education (RSE) and Health Education Draft statutory guidance for governing bodies, proprietors, head teachers, principals, senior leadership teams, teachers February 2019
- Keeping Children Safe in Education (statutory guidance)
- Respectful School Communities: Self Review and Signposting Tool (a tool to support a whole school approach that promotes respect and discipline)
- Behaviour and Discipline in Schools (advice for schools, including advice for appropriate behaviour between pupils)
- Equality Act 2010 and schools
- SEND code of practice: 0 to 25 years (statutory guidance)

- Mental Health and Behaviour in Schools (advice for schools)
- Preventing and Tackling Bullying (advice for schools, including advice on cyberbullying)
- Sexual violence and sexual harassment between children in schools (advice for schools)
- The Equality and Human Rights Commission Advice and Guidance (provides advice on avoiding discrimination in a variety of educational contexts)
- Promoting Fundamental British Values as part of SMSC in schools (guidance for maintained schools on promoting basic important British values as part of pupils' spiritual, moral, social and cultural (SMSC))

Aims and Objectives of the RSE Curriculum

- *To reassure children of their value and self-worth, including aspects of dignity, self-respect and self-restraint.*
- *To nurture a responsible attitude towards personal relationships, such as aspects of mutual respect and care, and to develop sensitivity towards the needs of others encompassing fidelity and loyalty.*
- *To foster the ability to manage relationships in a responsible and healthy manner.*
- *To promote the value of loving relationships and of a stable family life.*
- *To provide knowledge of human reproductive processes.*
- *To inform children on matters of personal hygiene and related health issues*
- *To educate against discrimination and prejudice.*
- *To empower children to make informed choices about their developing sexuality.*

Organisation of School Sex and Relationship Education

Class teachers deliver RSE as part of the Science and PSHE Curriculum. Our PSHE resource (1Decision) is used in conjunction with Tameside RSE resources developed by Tough Cookies Education.

Other members of staff and/or outside agencies might be involved in these lessons.

Equal Opportunities

In support of the Equal Opportunities policy, all children, regardless of age, ability, gender, race or sexuality, have the same opportunity to benefit from the sex education resources and teaching methods. It is important that boys' needs are met as well as girls on the subject of puberty. Children with special educational needs and learning difficulties are properly included in sex and relationship education through differentiated work.

There will be a whole school approach from reception to Year 6, progression and continuity are built into the PSHE and RSE curriculum. These lessons reinforce human relationships, human and physical development and reproduction, risky behaviour, including issues around the spread of infections from basic personal hygiene to HIV/AIDS.

For the outline of the PSHE RSE delivery, see the contents page in the Tough Cookies RSE resources and 1Decision resources.

Curriculum entitlement

Relationships and sex education will be taught within science and PSHE from 1Decision and Tough Cookies resources.

Parents should be aware that children cannot be withdrawn from the RSE content in Science lessons. This academic year, parents retain the right to withdraw their children from the RSE curriculum. This will change with the new government guidance in 2020. From September 2020, children will not be able to be withdrawn from RSE lessons.

Specific Classroom arrangements

When planning lessons, teachers consider appropriate grouping in respect of pupil experience and need. Mixed gender classes will be the norm, however certain personal issues may be taught in single sex groups in KS2.

Assessment, Recording and Reporting

1Decision materials will be used to record and assess pupils' learning in all areas of PSHE and RSE. Tough Cookies will be used for additional resources.

Monitoring and Evaluation

Children's recording of learning in 1Decision workbooks will be monitored by PSHE lead.

Child protection/ confidentiality

We will follow the child protection and confidentiality procedures as specified by Tameside in the related policies.

This policy supports the following Academy Policies.

- ◆ Equal Opportunities
- ◆ Education for Ethnic Diversity
- ◆ School Discipline
- ◆ Statement of School Philosophy, Aims and Objectives
- ◆ Health and Safety
- ◆ Personal, Social and Health Education and Citizenship
- ◆ Child Protection
- ◆ Looked after Children

- ◆ Confidentiality
- ◆ RE

Areas of Responsibility

Governors

- ◆ To ensure the legal framework is followed.
- ◆ To consult with parents on the determination of the academy's sex and relationship education policy.
- ◆ To implement the RSE policy through the Head Teacher.
- ◆ To implement the 'annual' reviews.
- ◆ To make, and keep up to date, a separate written statement of the academy's policy with regard to RSE.
- ◆ To make copies of this statement available for inspection by parents of pupils registered at the academy and provide a copy free of charge to any parent who requests one.
- ◆ To include a summary of the content and organisation of sex education in the Academy Prospectus.

Head Teacher

- ◆ implement the Relationships and Sex Education Policy.
- ◆ ensure the policy is followed.
- ◆ liaise with the Governors on the teaching in academy.
- ◆ liaise with parents / carers.
- ◆ ensure the policy is reviewed every two years.
- ◆ disseminate information to staff.
- ◆ respond to individual problems experienced by children, enlisting external agency support if appropriate.
- ◆ ensure continuing professional development for staff.
- ◆ ensure that all staff are aware of confidentiality issues and procedures.

Class Teacher

- ◆ To follow curriculum outlined using Tough Cookies and 1Decision resources
- ◆ To ensure the correct resources are available.
- ◆ To respond to the individual needs of children, giving relevant support should a child be experiencing difficulties.
- ◆ To ensure absent pupils have access to information, especially surrounding puberty.

School Nurse/Health Service Specialists

- ◆ To give support throughout the academy, when appropriate.

The Special Needs Co-ordinator

- ◆ To assist in the development of the academy's policy concerning the welfare and educational needs of all children at Rosehill Methodist Community.
- ◆ To take advice from all appropriate sources and, where necessary, adapt the policy to meet each individual child's needs.

Learning Mentor

- ◆ To meet on an individual basis to speak to children about any concerns they may have in this area.
- ◆ To support girls with practical help, for example, providing sanitary protection, a place to wash, monthly planners, etc.

The following ground rules have been established.

- ◆ Teachers should not enter into discussions about personal issues and lifestyles.
- ◆ No one (child or adult) has to answer a personal question.
- ◆ Nobody is forced to take part in discussion.
- ◆ In discussion, teachers will promote the knowledge and use of 'accepted' names of body parts.
- ◆ Meanings of words are explained in a sensible and factual way.

Rosehill Methodist Primary Academy Sex and Relationship Education Programme

Relationships and Sex education is delivered within the Science Curriculum and the four broad themes within PSHE.

1. Developing confidence and responsibility and making the most of pupils' abilities.
2. Preparing to play an active role as citizens.
3. Embracing a healthier, safer lifestyle.
4. Developing good relationships and respecting differences between people.

Through RSE, the children should:

- ◆ develop confidence in talking, listening and thinking about feelings and relationships
- ◆ be able to name parts of the body and describe how their bodies work
- ◆ be able to protect themselves and ask for help and support
- ◆ be prepared for puberty.

Within the Science Curriculum, the children should: Key Stage 1:

- ◆ know that all creatures, including humans, move, feed, grow, use their senses and reproduce
- ◆ recognise the main external parts of their bodies
- ◆ know that humans and animals can produce offspring, which grow into adults
- ◆ recognise the similarities and differences between themselves and others, and treat others with sensitivity

Key Stage 2:

- ◆ know that the life processes common to humans and other animals include nutrition, growth and reproduction
- ◆ know about the main stages of the human life cycle.

*Parents should be aware that children cannot be withdrawn from these Science lessons.

Complaints Procedure

If a parent or guardian has any cause for concern about the RSE Policy, they should approach the Head Teacher and staff. If the concern cannot be resolved, the Governors can be contacted.

Procedures for the Involvement of Health Professionals and Visitors

Visiting Health Professionals are involved in the implementation of the Sex Education Policy only after consultation concerning lesson content and method of teaching. The class teacher remains in the lesson throughout. All visitors will agree a contract between the academy and themselves. Attached to this will be an outline of the relevant policy. *(See appendix F)*

Dissemination of the policy

Every parent or guardian can request a copy of the policy. A copy of the policy is sent to those parents and guardians who request one. A copy can be obtained from the Head Teacher or on the academy website.

The policy is presented to all staff and a copy made available to them on the academy intranet.

Training

- Opportunities for educating parents will be made to help them to talk to their own children or as peer educators.
- Opportunities will be made for educating pupils as peer educators.

Revised by Alison Wise, January 2019, in consultation with staff, parents, pupils and governors.

Further Information

Useful Websites

www.1decision.co.uk

www.toughcookiesed.co.uk

www.childline.co.uk

www.clued-up.org.uk

www.crush-onu.co.uk

<https://www.stonewall.org.uk/>

www.wiredforhealth.co.uk

www.ruthinking.co.uk

www.fpa.org.uk

www.brook.org.uk

www.bbc.co.uk

www.teachernet.gov.uk/pshe

Websites for parents

www.parentlineplus.org.uk

www.parentalk.co.uk

www.e-parents.org

www.ncb.org.uk

